

FORMATION

# Exploring Our Faith



## LEARNING. SHARING. DISCOVERY.

Exploring Our Faith is a Sunday morning program for adult learning, sharing and discovery. The program is designed to inform those seeking to learn more about Jesus, the Bible and the church. Everyone is welcome!

Each course is designed to be meaningful, whatever your knowledge of Jesus, the Bible and church history. Have Questions or Doubts About God, Jesus or the Church? That is totally natural. Even the most devout religious leaders – including Martin Luther himself – had questions and doubts. In fact, that is the very reason to be a part of a supportive faith community.

*Dynamic People*

grow

# What's Coming New For Exploring Our Faith?

## Exploring Our Faith

### Faith and Health

Sundays from April 7– 28

9:00 and 10:30 am

Fellowship Center, Our Saviour's

#### History of Parish Nursing

April 7 - Join us for this exciting class on the history and theology of faith and health, and pioneering role of parish nursing at Our Saviour's. Led by Advocate Parish Nurse, Dawn DeBoer.

#### Dealing With Death and Dying

April 14 - Discussing death and dying with children -- a presentation by Stacey Jutila on effective ways to talk about death with children.

April 21 - Discussing death and dying with adults -- Pastor Al will talk about faith and the process of dealing with our own death. There is a reluctance to talk about death that affects the way we handle our own mortality.

April 28 - Practical steps to prepare for your death. This presentation will include information on end of life directives, legal considerations, and funeral planning.

#### **Contact**

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